

Register Online At
www.semperparents.org
914-474-2295

Dear Community Member and Fellow American,

Presented by Semper Fi Parents of Hudson Valley, a not-for-profit parental military support group, "Remembering Our Heroes" is geared to remember and honor all of our heroes from 9/11, and for those who served/or are presently serving in the military. We hope that we can teach future generations the significance of this day when our world as we know it changed forever.

Joining us for this special day will be Marines and Guardsmen from Stewart Air National Guard Base in Newburgh, NY and soldiers from West Point Military Academy, along with those from our local fire and police departments and emergency response personnel.

Whether you run or walk as a family or a team – pledges and sponsorships are welcomed as finances raised will be utilized by Semper Fi Parents in supporting the military families and services located in this region and in the needs of our military abroad.

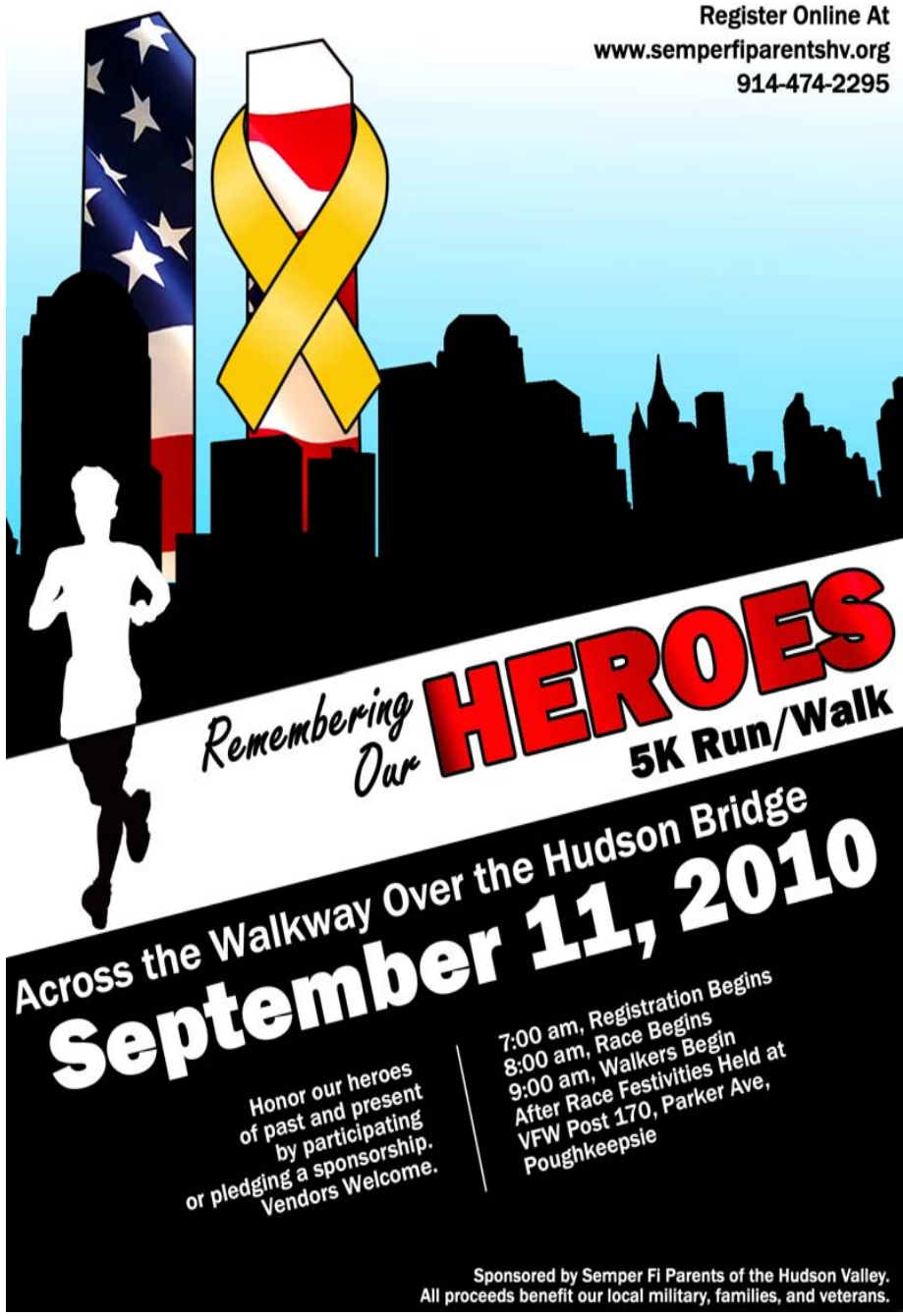
Registration is now being accepted for both runners and walkers. Runners report to the bridge entrance at 7:00 a.m., with the race starting at 8:00 a.m. Walkers report to the bridge at 8:00 a.m. with the walk beginning at 9:00. Registration fee is \$20.00 / \$25.00 the day of the race.

The race will end at the VFW Post 170 where food, vendors and static displays can be viewed. We hope that you, your family and friends will join us in the remembrance of this day.

Please visit our web site for further information or call 914-474-2295.

See you on the bridge!!

A 501C3 organization and a NYS Charity



Remembering Our **HEROES**
5K Run/Walk

Across the Walkway Over the Hudson Bridge
September 11, 2010

Honor our heroes of past and present by participating or pledging a sponsorship. Vendors Welcome.

7:00 am, Registration Begins
8:00 am, Race Begins
9:00 am, Walkers Begin
After Race Festivities Held at VFW Post 170, Parker Ave, Poughkeepsie

Sponsored by Semper Fi Parents of the Hudson Valley.
All proceeds benefit our local military, families, and veterans.

